



SALAD BAR
Vibrant, fresh and seasonal salad everyday



SECONDARY MENU WINTER 2025

JANUARY - APRIL

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	VEGGIE KORMA	BBQ PULLED PORK	ROAST DINNER	LAMB TAGINE	FISH OF THE DAY
	Butternut Squash Korma	BBQ Pull Pork Loaded Wedges	Roast Chicken Breast	Moroccan Lamb & Chickpea Tagine	Breaded Fishcakes
MEAT FREE MAIN COURSE	VEGGIE MEATBALLS	BBQ JACKFRUIT	VEGGIE ROAST	VEGGIE TAGINE	VEGGIE CAKE
	Vegetarian Meatballs with Tomato & Herb Sauce	BBQ Jackfruit Loaded Wedges	Roast Quorn Fillet	Moroccan Soya & Chickpea Chickpea Tagine	Breaded Vegetable Cake
<i>Sides</i>	Rice & Broccoli	Ruby Coleslaw	Roast Potatoes, Garden Peas & Gravy	Rice & Sliced Carrots	Crushed New Potatoes & Green Beans
BREAD	Zero Waste Croutons	Soft Roll Wedge	Baguette Slice	Pitta Bread	Flatbread Finger
ALTERNATIVE MAIN	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese
	<i>Second Course</i>	Strawberry Swirl Mousse	Victoria Sponge Cake	Chocolate Chip Muffin	Butter Flapjack
FRESH FRUIT	Watermelon Slice	Pineapple Sticks	Galia Melon Wedge	Watermelon Slice	Pineapple Sticks
<i>Packed LUNCH</i>	Egg Mayo & Tomato or Cheddar Cheese & Salad Sandwich	Fajita Chicken Salad or Cream Cheese & Chive Baguette	Chicken Mayo & Sweetcorn or Cheddar Cheese & Cucumber Sandwich	Ham Salad or Egg Mayo & Chive Baguette	Tuna Mayo & Cucumber or Double Cheese & Tomato Sandwich
	Cucumber Sticks, Organic Fruit Yoghurt, & Satsuma	Carrot Sticks, Organic Fruit Yoghurt, & Banana	Pepper Sticks, Organic Fruit Yoghurt, & Satsuma	Cucumber Sticks, Organic Fruit Yoghurt, & Banana	Carrot Sticks, Organic Fruit Yoghurt, & Apple

DATES: 13TH JANUARY | 3RD FEBRUARY | 24TH FEBRUARY | 17TH MARCH | 7TH APRIL