

SALAD BAR

Vibrant, fresh and seasonal salad everyday



SECONDARY MENU WINTER 2025

JANUARY - APRIL

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	MARGHERITA PIZZA	ROAST DINNER	SPAG BOL	CHICKEN TIKKA	FISH OF THE DAY
COURSE	Classic Mozzarella Cheese & Tomato Pizza	Twice Cooked Gammon	Traditional Beef Bolognese with Spaghetti	Aromatic Chicken Tikka Masala	Breaded Pollock Fish Fingers
MEAT FREE	MAC 'N' CHEESE	Veggie Roast	VEGGIE SPAG BOL	VEGGIE TIKKA	VEGGIE FINGERS
COURSE	Creamy Macaroni Cheese & Cherry Tomato Topping	Roast Quorn Fillet	Vegetarian Soya Bolognese with Spaghetti	Aromatic Chickpea Tikka Masala	Breaded Vegetable Fingers
Sides	Paprika Jumbo Potato Wedges & Sweetcorn	Roast Potatoes, Sliced Carrots & Gravy	Green Beans & Crusty Garlic Bread	White Rice & Broccoli	Potato Wedges & Garden Peas
BREAD	Zero Waste Croutons	Baguette Slice			Soft Roll Wedge
ALTERNATIUE MAIN	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese
Second Course	Butter Flapjack	Arctic Roll	Chocolate Brownie	Fresh Fruit Salad	Apple Doughballs
FRESH FRUIT	Watermelon Slice	Pineapple Sticks	Galia Melon Wedge	Watermelon Slice	Pineapple Sticks
Packed	Egg Mayo & Tomato or Cheddar Cheese & Salad Sandwich	Fajita Chicken Salad or Cream Cheese & Chive Baguette	Chicken Mayo & Sweetcorn or Cheddar Cheese & Cucumber Sandwich	Ham Salad or Egg Mayo & Chive Baguette	Tuna Mayo & Cucumber or Double Cheese & Tomato Sandwich
L AUCH	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Satsuma	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Banana	Pepper Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Satsuma	Cucumber Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Banana	Carrot Sticks, Crisps, Cake, Organic Fruit Yoghurt, & Apple